



Expert Witness
Case Management
& Rehabilitation Services

CURRICULUM VITAE



Name: Liz Hall

Telephone: 01257 473 967

Facsimile: 01257 473 947

Email: lizhall@taniabrown.com

PROFESSIONAL QUALIFICATIONS:

BSc Psychology 2004

MSc Occupational therapy (pre-registration) 2007

CURRENT MEMBERSHIP OF PROFESSIONAL BODIES:

HCPC (Health and Care Professions Council)

BAOT (British Association of Occupational Therapists)

BABICM Member (British Association of Brain Injury Case Managers)



CURRICULUM VITAE

After completing a psychology degree Liz started studying for her Masters in occupational therapy (pre-registration) in 2009. During her time studying she also worked as a home carer supporting clients in their homes with activities of daily living. This provided valuable experience of how illness and disability affects the daily lives of people living in the community, and how the right support and care packages make a positive difference to function and quality of life.

After qualifying in 2011 Liz took her first occupational therapist role in community mental health services. This role involved supporting service users with chronic and enduring mental health difficulties, in a number of community houses. Therapeutic goals and interventions were designed to maximise independence and promote social inclusion. This role provided insight into how mental health difficulties can impact all aspects of living, as well as how mental health and physical health are so often integrated and require a holistic treatment approach.

Liz's next role was a rotational post across a number of hospital and community services. The first of these was within Wrightington orthopaedic centre of excellence. This role was to assess function before and after elective surgeries, furthermore ensuring a safe and timely discharge back home or into residential rehabilitation, dependent on the level of need. There was a high turnover of patients through the wards and therefore Liz developed excellent time management and efficiency skills to meet this demand, without compromising patient care and safety. This also provided Liz with a good working knowledge of all orthopaedic conditions and their impact on function.

From here Liz moved onto the acute medical and surgical rotation. Here she covered a number of wards including gastroenterology, endocrine, acute surgical, cardiology, accident and emergency, elderly medical, respiratory, stroke and general medical assessment units.



This role provided invaluable knowledge of numerous pathologies and how these impacted the lives of people of different ages, genders and cultures. These included general elderly/ medical, trauma orthopaedic, spinal injury, amputation and neurological injury. This role required assessment and discharge planning within the highly pressurised environment of a busy hospital. Here she was held accountable for safe discharges, while ensuring people were not remaining in hospital when they were no longer unwell. This role further developed Liz's ability to work efficiently under competing priorities while keeping the person and their family central to this process at all times. It also taught her the importance of developing relationships with other professions and agencies, and that excellent communication is essential for patient safety and welfare.

After this Liz moved into a sub-acute unit for people with acquired brain injury, spinal injury and other neurological conditions. This was a bedded unit which focussed on physical, cognitive, emotional and vocational rehabilitation. The ward boasted a highly experienced multi-disciplinary team, and here Liz learnt a great deal about the management and rehabilitation needs of individuals with very complex neurological illnesses and injuries. As well as providing rehabilitation on the ward this role also required planning for when the patient returned home or into a permanent place of residence. This included environmental assessment, organising the appropriate package of care, the provision of equipment and adaptation and referral onto other community services. This role developed Liz's understanding of the complexities of brain and spinal injuries and how they affect all parts of daily life.

Later in her career she worked in the community falls team where she developed a sound understanding of risk management and reducing the risk of fractures and falls from a holistic perspective. She is able to bring all of this experience together to work with a diverse range of clients in a case management role. As this role required working with anyone who was at risk of falling, it required a diverse set of skills to support elderly clients, clients with neurological and spinal injury, clients with orthopaedic injury and clients with sensory impairment to name a few.



In 2014 Liz chose to specialise in neurological therapy and took a senior post on an acute stroke unit. Here she became very experienced in the use of standardised cognitive assessment and developed a keen understanding of how impaired cognitive function affects people's ability to participate in daily living. She also developed excellent moving and handling skills and a good working knowledge of the equipment required to be able to mobilise and transfer after a serious neurological event. Mood and emotion were an important factor within this role and monitoring and treatment of affective disorders were vital to ensure people were able to participate in the recovery process. Liz also gained a good working knowledge of the Mental Capacity Act, (2005) how to assess for capacity and the laws and legislation which govern practise when someone is deemed to lack capacity. Within this senior post it was Liz's responsibility to manage and supervise junior staff and therapy assistants, as well as carrying out audits and contributing to service development. Here she also educated students completing work placements on the ward.

In 2015 Liz took a role in a new community stroke service. This role enabled her to complete her knowledge and gain insight into the patient pathway from the first hours that follow a neurological event, being acutely unwell in hospital to the experience of living their lives at home in the months or years afterwards. This also highlighted the importance of different professionals and agencies and the position they have to play in different part of the process. This job was unique in that when Liz started it was a brand new service and she played a key role in its early development, which included, implementing local policies and procedures as well as ensuring the service was meeting national standards.

In 2016 Liz chose to amalgamate her extensive experience within the NHS and move into a case manager position with Tania Brown Ltd. Since her time at Tania Brown she has worked with a number of clients using her skills to specialise in case management following neurological and spinal injury. She also has a number of client with multiple traumatic orthopaedic injuries with complex needs. In addition she has managed cases for children with complex needs following a birth injury or as a result of an injury or accident in later life. She currently works with a client group



Expert Witness
Case Management
& Rehabilitation Services

ranging from very acute, immediately following their injury, up to many years afterwards, supporting them with ongoing management of their condition and rehabilitation further down the line.